



# 2012 - 2013 VARSITY ALL STAR SCORING LEVEL 1

To qualify for a level appropriate point range, skills must be executed by a majority of the athletes. Judges will then select a subrange (low/medium/high) based on the athletes' participation in the criteria provided. Teams that do not reach a majority or that do not satisfy the criteria for any of the subranges will be scored between a 2.5 and 3.0.

**Judges will measure level of participation by loosely applying the following guidelines: Majority = 50% +1, Most = 75%, Maximum = nearly 100%**

<b>STUNTS</b> 3.0 - 4.0	<b>Low</b>	Majority of the athletes participate in 1 or 2 level appropriate skills
	<b>Medium</b>	Most of the athletes participate in 3 level appropriate skills
	<b>High</b>	Maximum number of athletes participate in 4 or more level appropriate skills
	<i>Level 1 Appropriate Skills include: One leg stunts below prep level, extension preps, 1/4 twisting transition</i>	
<b>PYRAMIDS</b> 3.0 - 4.0	<b>Low</b>	Pyramids including 1 structure and 1 level appropriate transition
	<b>Medium</b>	Pyramids including 2 structures and 2 level appropriate transitions
	<b>High</b>	Pyramids including at least 3 structures and at least 3 level appropriate transitions involving a maximum number of athletes
	<i>Level 1 Appropriate Skills include: Pyramids at Prep level and below, pyramids including extended two leg stunts, skills allowed under USASF L1 Stunts</i>	
<b>DISMOUNTS</b> 3.0 - 4.0	<b>Low</b>	Majority of the athletes participate in 1 cradle dismount
	<b>Medium</b>	Majority of the athletes participate in multiple cradle dismounts
	<b>High</b>	Majority of the athletes participate in multiple cradle dismounts and an additional dismount variation
	<i>Dismount Variations include: retakes, reloads, smooches, shove wraps, and other creative dismounts</i>	
<b>STANDING TUMBLING</b> 3.0 - 4.0	<b>Low</b>	Majority of the athletes participate in a level appropriate skill
	<b>Medium</b>	Majority of the athletes participate in multiple level appropriate skills
	<b>High</b>	Most of the athletes participate in multiple level appropriate skills, one of which is a jump/tumbling combination
	<i>Level 1 Appropriate Skills include: Forward/Backward rolls, Cartwheels, Front/Back walkovers, toe touch forward roll, back walkover toe touch, etc.</i>	
<b>RUNNING TUMBLING</b> 3.0 - 4.0	<b>Low</b>	Majority of the athletes participate in a level appropriate skill
	<b>Medium</b>	Majority of the athletes participate in multiple level appropriate skills
	<b>High</b>	Most of the athletes participate in multiple level appropriate skills
	<i>Level 1 Appropriate Skills include: Cartwheels, Round offs, Round off backwalkovers, Front walkovers</i>	
<b>JUMPS</b> 3.0 - 4.0	<b>Low</b>	Majority of the athletes participate in a double jump combination and an additional jump, must include a variety
	<b>Medium</b>	Most of the athletes participate in a double jump combination and an additional jump, must include a variety
	<b>High</b>	Most of the athletes participate in either a quad jump combination or a triple jump combination and an additional jump, must include a variety
<b>DANCE</b> 3.0 - 4.0	<b>Low</b>	Little to no transitions and/or level changes
	<b>Medium</b>	Numerous transitions and /or level changes to include variety of movement, footwork and floorwork along with an average level of entertainment
	<b>High</b>	Several transitions and/or level changes to include variety of movement, footwork, and floorwork along with an above average level of entertainment

<b>TECHNIQUE RANGES</b>	<b>Low</b> 0 - 0.2	Less than a majority of the athletes in the routine demonstrated excellent precision and form. Numerous elements of their skill technique led the judges to conclude that the team could benefit from additional focus and training.
	<b>Medium</b> 0.3 - 0.6	Majority of the athletes in the routine demonstrated excellent precision and form. At least one element of their skill technique led the judges to conclude that the team could benefit from additional focus and training.
	<b>High</b> 0.7 - 1.0	Most of the athletes in the routine demonstrated excellent precision and form. Their skill technique led the judges to conclude that while individuals may benefit from additional focus and training, the team displayed a mastery of their skill technique.